

## 6 week Intermediate Yoga Course with Nina Wednesdays May 22<sup>nd</sup> – June 26<sup>th</sup>, 7.30-8.45pm

A six week alignment based yoga course. Each week we will focus on a different group of yoga asana. Students of all levels of experience are welcome.

The sessions can be booked individually (£14 per session) or £60 for all 6 sessions.



Dates: All six sessions May 22<sup>nd</sup> – June 26<sup>th</sup>

Time: 7.30-8.45

Cost: £60\*

[Booking here](#)

\*All 6 sessions should be used within the 6 week term; students may attend the Tuesday class where needed. Outstanding classes may be carried through to the next term when students have signed up for a 6 class term.

For more information  
please email

[nina@ninaforbes.com](mailto:nina@ninaforbes.com)

