

Hatha Yoga Classes with Jade

Mondays 9.00-10.30 & Fridays 12.30-1.30



The classes are a combination of inspiring and motivating postures , while at the same time everyone having the necessary space to develop and grow their practice from the inside out!

Contact: jade@artisticlicenceagency.com

Cost: Mondays £12

Fridays £10

