

REIKIGONG SOUND BATH

Friday June 30th
6:30 - 8:00pm



With Dean Hallett

LET GO OF THAT WHICH NO LONGER SERVES YOU.
COME AND JOIN US FOR THIS CELEBRATION OF THE REAWAKENING OF THE
SPIRIT AND ALLOW THESE MAGICAL VIBRATIONS TO FILL YOU WITH THE
ENERGY OF RENEWAL AND REVITALISATION.

In a Reiki Gong sound bath you may feel:

- * Release from Stress and melting away tensions.
- * Deep meditative states and profound relaxation.
- * Detoxification of mind, body and emotions.
- * Feel refreshed, empowered, transformed!

...

The effects of a Reiki Gong sound bath can be the start of a profound shift in your life. Due to the powerful energies of Reiki and the Gong combined can help to heal deep trauma, removing emotional and mental blocks. It is a very special time to raise your consciousness, raise your vibrations and gain a deep understanding about your life's true purpose.

The sound of the Gong will increase alpha and theta brain waves, these are responsible for (alpha) dreaming in a waking state and imagination and (theta) deep meditation and psychic awareness. Theta is an ideal state for healing to take place.

Dean is a natural healer and has been practicing Reiki and other forms of healing for over 15 years. His unique healing energy will help facilitate and support transformation on all levels.

Please bring a yoga mat to lie on a blanket to cover yourself and anything else to make you comfortable.

The cost of this special event is only £20!

Spaces are Limited! For more information and to book your spot please call or email Dean on: 07894081017

reikigongsoundhealing@gmail.com
[facebook.com/reikigongsoundhealing](https://www.facebook.com/reikigongsoundhealing)



Yoga Akasha

1st floor, The Old Mill, 45 London Road,
East Grinstead, West Sussex, RH19 1AW
www.yogaakasha.co.uk

